

25 DAYS OF FRANKINCENSE

AS ONE OF THE MOST BELOVED OILS, FRANKINCENSE IS TRULY THE STAR IN DECEMBER

With its cell rejuvenating properties, positive impact on brain chemistry and memory, and powerful immune-boosting capabilities, it's no wonder this oil keeps earning the spotlight!

Emotionally, Frankincense reminds us of the wise, paternal protector. Known as the “**Oil of Spiritual Truth**,” it brings connection to our deepest inner wisdom, providing a sense of strength, restoration, gratitude, and joy.

You're invited! Take the 27-day **#FrankincenseChallenge** and diffuse one of these brilliant blends every day throughout this holiday season! Enjoy each delightful aroma and watch your Christmas miracles unfold!

#FrankincenseChallenge



25 DAYS OF FRANKINCENSE

SA | DECEMBER 8

MALE MOJO

3 drops Frankincense
3 drops Siberian Fir
1 drop Tangerine

SU | DECEMBER 9

FAITH BLEND

4 drops Bergamot
2 drops Frankincense
2 drops Ylang Ylang
1 drop Clary Sage

M | DECEMBER 10

MONDAY MORNING BOOST

3 drops Frankincense
3 drops Lemon
2 drops Bergamot
2 drops Wild Orange

F | DECEMBER 7

GRATITUDE REMIX

3 drops Frankincense
3 drops dōTERRA® Citrus Bliss®

T | DECEMBER 11

SEASONAL REBOOT

2 drops Frankincense
2 drops Lemon
2 drops Lavender
1 drop Melaleuca

W | DECEMBER 12

OM MEDITATIVE BLEND

3 drops Frankincense
2 drops Lavender
2 drops Bergamot
1 drop Sandalwood

TH | DECEMBER 13

GRIEF-EASE

2 drops Frankincense
2 drops dōTERRA® Console®
2 drops Peace®

F | DECEMBER 14

FEMALE POWER

3 drops Frankincense
3 drops dōTERRA® Whisper®

SA | DECEMBER 15

CREATIVE PIZZAZ

3 drops Wild Orange
2 drops Rosemary
2 drops Lime
1 drop Spearmint
1 drop Frankincense

SU | DECEMBER 16

SPIRITUAL CONNECTION

3 drops Frankincense
1 drop Lavender
1 drop Roman Chamomile
1 drop Geranium
1 drop Sandalwood

M | DECEMBER 17

HAKUNA MATATA

4 drops Lavender
3 drops Frankincense

T | DECEMBER 18

SWEET SERENITY

2 drops Lavender
1 drop Frankincense
1 drop Patchouli
1 drop Cedarwood

W | DECEMBER 19

LIQUID HUG

2 drops Pink Pepper
1 drop Myrrh
1 drop Frankincense
1 drop Helichrysum

TH | DECEMBER 20

IMMUNE BOOST

2 drops Frankincense
2 drops Rosemary
2 drops dōTERRA® On Guard®

F | DECEMBER 21

LET'S HAVE SOME FUN

2 drops Frankincense
2 drops Cypress
2 drops Ylang Ylang
2 drops Pink Pepper

SA | DECEMBER 22

EASY-DOES-IT!

2 drops Frankincense
2 drops Ylang Ylang
2 drops Lavender
1 drop Juniper Berry
1 drop Clary Sage

SU | DECEMBER 23

IN-LAW DE-STRESS BLEND

4 drops Frankincense
3 drops Siberian Fir
3 drops Wild Orange

M | DECEMBER 24

WOODSY DELIGHT

3 drops Bergamot
2 drops Frankincense
2 drops Siberian Fir
2 drops Green Mandarin

T | DECEMBER 25

DIVINITY BLEND

3 drops Frankincense
2 drops Myrrh
2 drops Juniper Berry
1 drop Spikenard

W | DECEMBER 26

MORNING AFTER CHRISTMAS

2 drops Frankincense
2 drops Lime
2 drops Green Mandarin
1 drop Douglas Fir

TH | DECEMBER 27

CLEAR THE CLUTTER

3 drops Lemongrass
3 drops dōTERRA® Serenity®
2 drops Frankincense

F | DECEMBER 28

PURE JOY

2 drops Frankincense
2 drops Peppermint
2 drops Lime
2 drops Lemon

SA | DECEMBER 29

DATE NIGHT

2 drops Frankincense
2 drops Ylang Ylang
2 drops dōTERRA® Balance®
1 drop Clary Sage

SU | DECEMBER 30

WINTER WONDERLAND

3 drops Frankincense
3 drops Douglas Fir
2 drops Pink Pepper

M | DECEMBER 31

INFINITE SUCCESS

3 drops Lime
3 drops Wild Orange
2 drops Frankincense